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MEDICINĂ ȘI FARMACIE
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Scenario 8 – Softskill four

Ilinca, an 11-year-old girl, was diagnosed approximately 3 months ago with an inflammatory bowel disease. Within the first 2 months of therapy she presented a slowly favorable evolution, but unfortunately for approximately 1 week, the abdominal pain and bloody stools reappeared. Now she is admitted with her mother in the Pediatrics Clinic. They are both very scared and waiting for the pediatrician. The pediatrician enters their room.

- Hello Ilinca, hello Mrs. Georgescu!

The mother, looking very sad and concerned:

- Hello, doctor! Please help us. Ilinca is feeling sick again. All the initial problems reappeared and we fully respected everything you recommended.
- Mrs. Georgescu, I can understand that you are being upset, most people would be, but unfortunately, this is the natural course of this disease.
- Oh, doctor, but I am afraid that she won't get better this time.
- Mrs. Georgescu, you have been very resourceful for the last three months, and that's great, but you must continue to be patient and fight. Ilinca, please tell me, have you stressed yourself more lately than usually?
- Yes, doctor, I had some issues at school and it was a stressful period because I had to study more than usually.
- I see... Unfortunately, you must know that this disease tends to relapse under stressful conditions, and most-likely this is the explanation for what happened.
- Doctor, please help us, we're both sad and discouraged.
- I completely understand, and you have every right to be discouraged, but I am here to help you as much as I can, and I am convinced that we will be able to control the disease again.
- Ilinca, it is all right to feel sad, and I care very much about how you feel, but I am here for you. Please trust me.
- Thank you very much, doctor. I will try to control stress better.
- Doctor, how much do you think that my daughter must remain admitted?
- Probably a few days, but once we have controlled the inflammation I will discharge her, and I will explain everything you must do.
- Thank you very much for your time.



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